

PURPOSE-DRIVEN SMALL GROUP HEALTH ASSESSMENT

Just Beginning
Getting Going
Well Developed

CONNECTING with your church family (Membership)

- We are intentionally cultivating our relationships with Christian friends & spiritual mentors1 2 3 4 5
- We are connected in Christian Community under the care of a Shepherd Leader1 2 3 4 5
- We are more loving, grace giving & forgiving to others than I was a year ago1 2 3 4 5
- We are authentically connecting with my immediate family relationships1 2 3 4 5
- We are resolving conflict with others in a Biblical manner,
and supporting the leadership of this church family1 2 3 4 5

Membership Total _____

GROWING in your spiritual journey (Maturity)

- We are growing spiritually through regular quiet time in God's word & prayer. (Spiritual Habits)...1 2 3 4 5
- We respond to challenges with peace and faith rather than
anxiety and fear to protect me from pain1 2 3 4 5
- We are using a growth journal to develop spiritually1 2 3 4 5
- We avoid using addictive behaviors (food, television, busyness, etc.)1 2 3 4 5
- We are honoring God with my finances & my personal giving (budget) to God.....1 2 3 4 5

Maturity Total _____

DISCOVERING your SHAPE (Ministry)

- We have attended the 301 CLASS, discovered my SHAPE and completed my SHAPE interview 1 2 3 4 5
- We are serving in a regular (monthly or better) ministry to the church body.....1 2 3 4 5
- We are expressing my gifts (S.H.A.P.E.) as a way of life at work and at home1 2 3 4 5
- We are sharing responsibility within my small group by taking a role1 2 3 4 5
- We are praying, discipling, or mentoring another person in the group or community1 2 3 4 5

Ministry Total _____

SHARING your life mission (Mission)

- We are actively praying for & cultivating relationships with unchurched friends & family1 2 3 4 5
- We are inviting seekers to church and sharing my spiritual story with them1 2 3 4 5
- We are participating in cross-cultural missions by discovering their needs and praying for them ..1 2 3 4 5
- We are praying and considering on where God can use me cross-culturally in the future1 2 3 4 5
- We are reproducing my life spiritually and/or praying for when this will happen1 2 3 4 5

Mission Total _____

SURRENDERING your heart as worship (Magnification)

- We are faithfully attending corporate worship services on the weekends.....1 2 3 4 5
- We have created a life mission statement and am seeking to fulfill it1 2 3 4 5
- We are growing in my personal worship to God through music & praise1 2 3 4 5
- We are surrendering my whole life by improving my exercise and nutrition1 2 3 4 5
- We are honoring God with every dimension of my life by balancing His purposes in my life1 2 3 4 5

Magnification Total _____

JUST BEGINNING 0-5	FAIR 5-10	GETTING GOING 10-15	VERY GOOD 15-20	WELL DEVELOPED 20-25
------------------------------	---------------------	-------------------------------	---------------------------	--------------------------------

Optional Exercise: Have your parent(s), spouse, group leader and/or one additional Christian friend fill out a copy of this form before you complete the Purpose Driven Life Health Plan.

PURPOSE-DRIVEN SMALL GROUP HEALTH PLAN